



April 2019

Spring Edition

# GP NEWSLETTER



## Welcome from our Hospital Director - Elaine Long.

Having previously worked at The Berkshire Independent Hospital from 2001-2010, as the Head of Clinical Services/Matron, I was delighted to return in my new role during the hospital's 25th year of serving the local community.

I am very fortunate to be working alongside highly skilled, professional and dedicated teams who are committed to make The Berkshire Independent Hospital the hospital of choice for patients and for our medical partners.

In the six months since I returned to the hospital we have seen a significant growth in the number of patient referrals which has led to an increase in day case/ inpatient admissions. The feedback that we have received from our patients about their hospital experience during this time has been excellent.

I am really proud of my hospital, many of you will be aware of the services that we provide and the facilities that are available, but for any of you who are new to the area or who have not previously had the opportunity to visit the hospital it would be my pleasure to show you around.

I can be contacted via the hospital switchboard or email:  
[elaine.long@ramsayhealth.co.uk](mailto:elaine.long@ramsayhealth.co.uk)

## NEW CONSULTANTS



**Sacha Goolamali**

Consultant  
Dermatologist



**Ed Tayton**

Consultant  
Orthopaedic Surgeon  
(Hip and Knee)



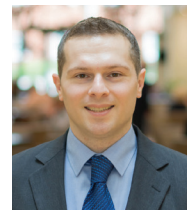
**Kum Thiruppathy**

Consultant  
Colorectal Surgeon



**Titus Adams**

Plastic and  
Reconstructive  
Surgeon



**Amar Malhas**

Consultant Orthopaedic  
Surgeon (Shoulder and  
Elbow)

## TONY ANDRADE - CONSULTANT ORTHOPAEDIC SURGEON (HIP AND KNEE)



**Mr Tony Andrade is a consultant Orthopaedic, Hip and Knee surgeon who was fellowship trained at Sportsmed-SA in Adelaide, South Australia, where he first learned to perform hip arthroscopy.**

He has a special interest in Young Adult Hip problems and was appointed to the Royal Berkshire Hospital in 2002, where

he established a hip arthroscopy and hip preservation service that quickly evolved into a tertiary referral centre. He set up practice at the Berkshire Independent Hospital in the same year.

He has been an active member of the International Society of Hip Arthroscopy (ISHA) since it was founded in 2008. He became the ISHA membership secretary in October 2012 and was the host chairman for the ISHA Annual Scientific Meeting in Cambridge in September 2015. He is the current 2nd Vice President of what is now known as ISHA - The Hip Preservation Society.

He sits on the Non-Arthroplasty Hip Registry (NAHR) user group for the British Hip Society, and is active in trying to maximise surgeon engagement with submitting data to the registry.

He has a keen research interest in conditions affecting the young adult hip but is also involved with international multicentre studies researching the outcome of joint replacements.

He was a senior co-author for the recently published BMJ article on "Arthroscopic hip surgery compared with physiotherapy and activity modification for the treatment of symptomatic femoroacetabular impingement: multicentre randomized controlled trial".

He is a regular reviewer for six international Orthopaedic journals and is on the editorial board of Hip International.

He has published numerous articles in peer reviewed journals on hip, knee, trauma and infection topics, and has been a section editor in two surgical text books, as well as a chapter author in several books.

## TOM POLLARD - CONSULTANT ORTHOPAEDIC SURGEON (HIP AND KNEE)



**Tom Pollard has worked as a Consultant Orthopaedic Surgeon at the Berkshire Independent Hospital and the Royal Berkshire Hospital since 2012.**

He specialises in young adult hip disorders, hip and knee replacement surgery, and trauma. Tom sees approximately 250 young adult hip new patients per year and performs around 200 hip arthroscopies, and approximately 300 joint replacements, annually. Through his emergency work at the Royal Berkshire Hospital, he treats many elderly patients presenting with sudden failure of their hip replacements, requiring complex revision procedures.

Tom has been Clinical Director of the department of Orthopaedic and Trauma Surgery at the Royal Berkshire Hospital since 2017. He is a 'British Orthopaedic Association Clinical Champion' and works with local commissioners and the Thames Valley Priorities Committee to

publish guidelines for the management of orthopaedic conditions. He is currently working with the CCGs on the MSK service reconfiguration in Berkshire.

Tom has a strong research pedigree, with an MD in the aetiology of early osteoarthritis of the hip and over 35 peer-reviewed publications, which include being a senior co-author for the recently published BMJ article 'Arthroscopic hip surgery compared with physiotherapy and activity modification for the treatment of symptomatic femoroacetabular impingement: multicentre randomised controlled trial'. He was twice awarded the International Society for Hip Arthroscopy (ISHA) trainee presentation prize and is an active member of the society. He has authored chapters in several books.

Tom is at the forefront of surgical development and research related to young adult hip problems. He trains surgeons across the UK in hip arthroscopy, including visiting surgeons, and is regularly invited to give lectures both nationally, and internationally.

## JOINT REPLACEMENT FORMS - NEW NHS PATIENT REFERRALS

For patients being referred to our hospital via the e-Rs for Hip and Knee consultations please ensure when completing the Primary Joint Replacement form that for patients with a BMI of 25-35 that the weight loss box on this form has been ticked to state weight loss has been discussed between the doctor and patient. For Patients with a BMI of 35 or above a weight loss programme must have been completed and confirmed by the doctor. The BMI on these forms must be within the last three months or calculated when completing the Primary Joint Replacement form so as to be accurate. If any of these fields have not been completed the referral will be rejected with immediate effect.

## STEVE KRISS - CONSULTANT PODIATRIC SURGEON



Please be aware although Mr Steve Kriss - Consultant Podiatric Surgeon has recently retired from his post at Royal Berkshire Hospital Foundation Trust, he is still practising and seeing both private and NHS patients here at The Berkshire Independent Hospital.

Steve's clinics for NHS patients can be found for booking on the e-Rs.

## NHS 18 WEEK WAIT

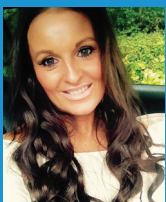
**When referring NHS patients to our hospital via the e-Rs can you please ensure they are aware of the 18 week pathway. Once we have received the referral on e-Rs the time commences.**

Patients must be aware that when they have booked our hospital as their chosen provider of care they must make themselves available for all appointments and surgery if required.

We are experiencing an increased number of patients wanting to defer dates, appointments and surgery as it is not convenient for them. This does put pressure on us meeting the 18 week deadline.

We would appreciate you having this conversation with your patients so they are aware of this time-frame and the importance of our hospital meeting this criteria.

## GP LIAISON UPDATE - JULIE DEADFIELD



I trust you are now in receipt of our new NHS Service e-Rs leaflet. This details all services available at our hospital including clinic type for NHS patients. Appointments for an initial new consultation are usually very quick and available within one week.

Please do let me know if you would like additional copies for your practice.

The Berkshire Independent Hospital GP Education Programme continues to be a great success. If you would like to book a consultant speaker to present at your Practice, TIPS, Protected Learning, Federation or CCG Meeting please let me know, equipment and lunch are provided.

If you would like a copy of our latest GP Educational Programme I am happy to forward this to you.

[julie.deadfield@ramsayhealth.co.uk](mailto:julie.deadfield@ramsayhealth.co.uk) | 07387 262 516

## OUTREACH CLINICS

We are now seeing both NHS and private patients at our outreach clinics at Nettlebed Surgery in South Oxfordshire and at our suite of rooms at Wokingham Medical Practice. For NHS patients clinics and slot availability for booking can be found on the e-Rs and will clearly state either Nettlebed Surgery or Wokingham Medical Centre next to the clinic type.